



2022-2023

HEARTLAND EARLY EDUCATION

**EARLY HEAD
START HOME
BASED PARENT
HANDBOOK**



MESSAGE FROM THE DIRECTOR

Dear Families,

Welcome to Heartland Early Education! We are excited to start a new school year that is sure to be full of fun and lots of opportunities for learning and making new friends!

Heartland's mission is to **inspire and empower families and children through quality education**. And we take that seriously! Family consultants can help you reach your goals as a family that may include things like getting your GED or college degree, supporting your toddler as they learn to walk, helping your preschooler count, paying off a water bill that is past due or buying a car. Heartland staff will support you and your child.

Volunteerism is an important part of our program. We are required to document \$25 of In Kind services for every \$100.00 we receive in grant funding. A valid In Kind contribution is one that supports the program and is a service for which Head Start/EHS funds would have been used. If every parent volunteered and documented **two hours** of In Kind services each month per child, our In Kind volunteer amount would be substantial.

Below are some ways you can generate in-kind:

- Prepare classroom materials ● Repair Toys
- Be a Policy Council representative ● Help plan parent meetings
- Complete "Skill-Builders" with child ● Serve on committees
- Participate in staff interviews ● and the list goes on

Volunteering is an awesome way to show your child that being involved is important! You can make a difference when you give your time by supporting Heartland Early Education. Please make a commitment to do so today!

Again, welcome to Heartland Early Education! I hope this is a special year for you and your family!



Lesa Larson, Heartland Early Education Director

HEARTLAND CENTER & PROGRAM LOCATIONS

SALINA MAIN OFFICE

700 Jupiter Avenue
Salina, KS 67401
785-309-5000

HEAD START CLASSROOM ALSO AT:

SALINA EDUCATION CENTER
219 S 3RD ST.

ELLSWORTH COUNTY

HEAD START CLASSROOM

313 W 14th
Ellsworth, KS 67439
785-472-5254

DICKINSON COUNTY OFFICE

307 NE 14th
Abilene, KS 67410
785-263-0210

ABILENE

HEAD START CLASSROOM

1003 N Brady
Nichols Education Center Entrance
Abilene, KS 67410
785-263-3430
Cell: 785-829-8696

ENTERPRISE

HEAD START CLASSROOM

115 North Street
Enterprise, KS 67441
785-263-8188
Cell: 785-819-3590

This handbook does not contain all program policies & procedures. Many procedures depend on current guidance from health authorities. Please ask your family consultant for information on additional policies & procedures.

EMERGENCY PHONE NUMBERS

Our family consultant is: _____

Our family consultant's office number is: _____

Our family consultant's cell number is: _____

Our interpreter's name is: _____

Our interpreter's office number is: _____

The main office telephone number is: **785-309-5000**

HOME VISITS

Home visits will be scheduled with your Family Consultant. If you need to reschedule your home visit, please contact your Family Consultant directly.



Office Open (Monday-Friday)
7:30 a.m. – 4:30 p.m.

2022-2023

Early Head Start – Home Based

August 2022						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Aug 5 EHS & PAT Socialization 10AM – 11AM
Aug 9 & 10 No Home Visits Scheduled-Training
Aug 24 EHS & PAT Socialization 5:30 – 6:30PM

September 2022						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

Sept 2 EHS & PAT Socialization 10AM – 11AM
Sept 5 Holiday/Offices Closed
No Home Visits Scheduled
Sept 21 EHS & PAT Socialization 5:30 – 6:30PM

October 2022						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Oct 7 EHS & PAT Socialization 10AM – 11AM

November 2022						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

Nov 4 EHS & PAT Socialization 10AM – 11AM
Nov 16 EHS & PAT Socialization 5:30 – 6:30PM
Nov 23-25 Holiday/Offices Closed
No Home Visits Scheduled

December 2022						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Dec 14 EHS & PAT Socialization 5:30 – 6:30PM
Dec 21 No Home Visits Scheduled/Staff Fellowship
Dec 22-30 No Home Visits Scheduled Winter Break
Offices Closed

January 2023						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Jan 2 No Home Visits New Year Holiday
Jan 6 EHS & PAT Socialization 10AM – 11AM
Jan 16 No Home Visits Scheduled-Training
Jan 18 EHS & PAT Socialization 5:30 – 6:30PM

February 2023						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

Feb 3 EHS & PAT Socialization 10AM – 11AM
Feb 15 EHS & PAT Socialization 5:30 – 6:30PM

March 2023						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Mar 3 EHS & PAT Socialization 10AM – 11AM
Mar 17 No Home Visits Scheduled
Offices Closed Spring Break Holiday
Mar 22 EHS & PAT Socialization 5:30 – 6:30PM

April 2023						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

Apr 7 EHS & PAT Socialization 10AM – 11AM
Apr 19 EHS & PAT Socialization 5:30 – 6:30PM

May 2023						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

May 5 EHS & PAT Socialization 10AM – 11AM
May 17 EHS & PAT Socialization 5:30 – 6:30PM
May 29 No Home Visits Scheduled
Offices Closed Memorial Day Holiday

June 2023						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

Jun 2 EHS & PAT Socialization 10AM – 11AM
Jun 19 No Home Visits Scheduled
Offices Closed Juneteenth Holiday
June 21 EHS & PAT Socialization 5:30 – 6:30PM

July 2023						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Jul 4 No Home Visits Scheduled
Holiday/Offices Closed
Jul 7 EHS & PAT Socialization 10AM – 11AM
Jul 19 EHS & PAT Socialization 5:30 – 6:30PM

Early Head Home-Based
700 Jupiter Avenue
Salina, KS 67401
785-309-5000

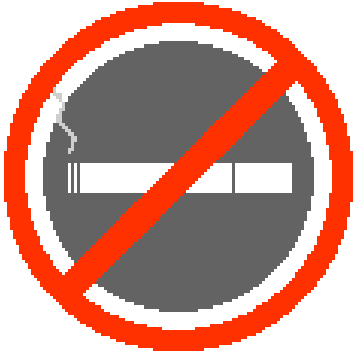
AM Socialization PM Socialization No Home Visits Scheduled

This calendar may be altered at the discretion of Heartland Early Education Revised 8.2.2022

NOTIFICATIONS

SMOKE AND VAPE FREE ENVIRONMENT

All Heartland buildings are smoke and vape free. Heartland requests that home visits also be smoke and vape free.



FIREARM AND WEAPON FREE BUILDINGS

Heartland does not allow firearms or weapons to be brought into the



SOCIAL MEDIA

We are on Facebook, Twitter and Instagram! Make sure to "Like" our page to receive important updates and learn about what is happening in our classrooms!



Facebook:

<https://www.facebook.com/HeartlandEarlyEd/>

Twitter:

[@HeartlandEarlyE](https://twitter.com/HeartlandEarlyE)

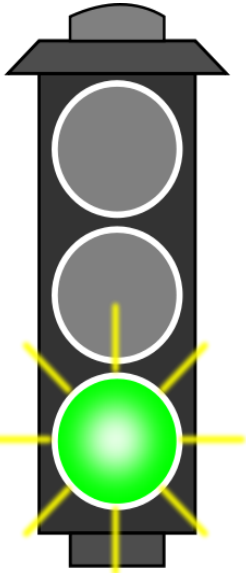
Instagram:

[heartland.early.education](https://www.instagram.com/heartland.early.education)

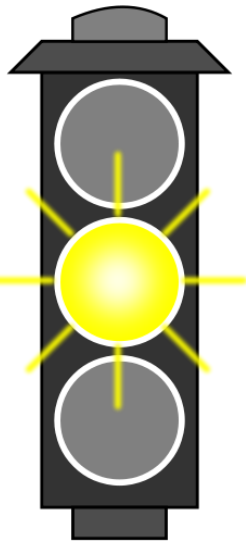


HEARTLAND Pedestrian and Transportation Safety*

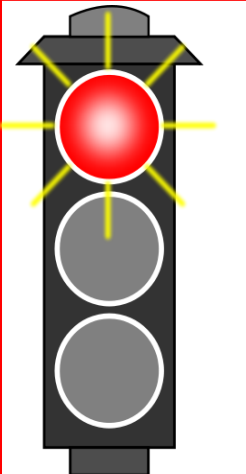
Early Education



1. Pregnant women should wear the lap part of the safety belt below their belly at all times and pull it snug.
2. Adults should sit as far back as possible from the steering wheel.
3. Parents are an example for their children by always wearing their safety belt and buckling their child in a safety seat.
4. *As of July 1, 2006: Children younger than 8 who either weigh less than 80 lbs. or are shorter than 4'9" in height must be placed in an "appropriate child passenger restraining system" that meets federal guidelines.*
5. Always follow car seat installation instructions including age AND weight restrictions.
6. Parents must walk their child to the car door or bus door when going on an outing.
7. Parents must keep all emergency names and phone numbers up to date with their Family Consultant. The F.C. will let the classroom or transportation staff know of any changes.



8. Children should:
 - A. Stay 5 giant steps away from the street when waiting for a bus or car ride.
 - B. Always hold an adult's hand when crossing the street and when waiting for a bus or car ride.
 - C. Stop, look left, right, and left again before crossing the street.
 - D. Stay out of the bus or car danger zone (10 feet away from any side of the vehicle).
 - E. Never pick up anything that goes under the bus or car. Ask for an adult's help.



9. *DO NOT leave a child unattended in a vehicle even if they are buckled in. By law, this is considered endangering the life of a child (Kansas statute KSA212-3608).*
10. Make sure children under the age of 13 do not ride in the front seat of a vehicle especially if there is an airbag.

*This information will be reviewed with the parent during enrollment into Heartland Early Education.

WHAT SERVICES DOES HEARTLAND PROVIDE?

POLICY COUNCIL

Policy Council representatives are the link between the parent committees and Heartland and make decisions that impact the program. Members vote on various issues including personnel decisions, program changes and community involvement. Representatives attend a monthly meeting in Salina. Child care and meals are provided at each meeting.

Meals served during parent meetings, Policy Council, and socializations are not reimbursable through CACFP. Heartland Early Education will not be able to provide a modification for the meal being served. Parents and/or caregivers will need to provide a substitute for their child.

EDUCATION AND DISABILITY SERVICES

Children with a diagnosed disability will have an Individual Education Plan (IEP) or an Individual Family Service Plan (IFSP), which is developed with the parents to provide individualized services. Staff work with all children on a regular basis to meet individual goals.

HEALTH

Taking care of health concerns early is important. You'll receive support and follow up from our program nurses regarding current physicals and up to date immunizations.

ADULT EDUCATION

Parents who wish to learn English as a Second Language (ESL) or complete their GED may attend classes offered in the community. Heartland can help pay for the classes. For further information, contact your family consultant.

SOCIAL SERVICES

Heartland family consultants (FCs) assist qualifying families in accessing community services such as housing assistance and other resources. The FC's also recruit and enroll children in the program. FCs offer parents support and training through regularly scheduled visits to help their child be ready for preschool and to help their family become self-sufficient.

MENTAL HEALTH

Heartland encourages healthy emotional and social development of children and families. Parenting classes, support groups and mental health sessions are provided at no cost to qualifying families. Consultation is also available for parents in the area of mental health. Contact your family consultant for further information.

USDA Nondiscrimination Statement

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: 1(mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or (2) fax:(833) 256-1665 or (202) 690-7442; or (3) email: program.intake@usda.gov This institution is an equal opportunity provider.

HEARTLAND EARLY EDUCATION CODE OF ETHICS SUMMARY

The following guidelines allow for appropriate and fair relationships with every enrolled family:

Staff will avoid dual relationships. Present or previous friendships or relationships involving family, financial, sexual, or emotional ties are all examples of dual relationships.

Staff will make every effort to avoid dual relationships with families because they can weaken professional judgment or increase the risk of mistreatment.

If a staff member is assigned a family with whom a previous relationship has been established, it must be reported immediately to the supervisor.

Dual relationships can also be avoided by following the guidelines listed below.

Staff will not:

- ◆ purchase items for families (at stores, garage sales, auctions, etc.)
- ◆ move furniture for a family
- ◆ attend family/child birthday parties, weddings, parties or other “family” events
- ◆ give medical advice or legal advice
- ◆ provide child care for families and families will not provide child care for staff
- ◆ invite families into their home or to family activities
- ◆ purchase from or sell anything to families (for example; Girl Scout cookies, etc.)

Staff will follow USD 305 Social Media Guidelines and are discouraged from connecting with parents/guardians or families enrolled in the program. If a preexisting relationship exists, staff will disclose this information to their supervisor.



EHS HOME BASED PARENT HANDBOOK 2022-23

SCHOOL SAFETY PLAN

- ◇ Each Heartland location has its own Safety/ Evacuation Plan.
- ◇ Parents will be given a copy of the Safety Plan for their school.
- ◇ Intruder Drills, fire drills and severe storm drills will be practiced on a regular basis.
- ◇ Contact your family consultant for more information.

SALINA PUBLIC SCHOOLS APP

Parents are encouraged to download the Salina Public Schools App to view news stories, receive reminders of upcoming activities, and important alerts. Parents can personalize the information they receive from the app by making sure to “follow” Heartland Early Education on the settings page of the App.

CHILD ABUSE & NEGLECT POLICY

- ◇ Names of all full-time and part-time staff, substitutes and regular community and parent volunteers will be submitted to the Kansas Bureau of Investigation (KBI) and the Department of Children and Families (DCF) for a criminal registry check.
- ◇ All school staff are required by Kansas State law to report suspected cases of child abuse, child sexual abuse, and child neglect to the DCF. We realize that parenting is not an easy job and sometimes parents need resources from the community to assist them. Please remember that we are here to listen and support families in their time of need.

CONFIDENTIALITY POLICY

Files and personal information on all Heartland children and their families will remain confidential. Staff members work together as a team for the welfare of the child and family. Information may be shared with other staff members when it is necessary for the best interest of the child and family or if there is suspected abuse and/or neglect. No information regarding a Heartland child or family will be shared with anyone outside the program/school district staff unless parent(s) sign a release. This policy includes community volunteers who work on the bus, in the classroom, or in other areas of the building. Information will not be shared with family members who are not listed on a release.

COMPLAINT PROCEDURE

Parents who have a complaint against Heartland Early Education should take the following steps.

1. Respectfully discuss the problem with the staff person the complaint concerns.
2. Proper language and courtesy are a way of showing respect to people. Profanity and/or obscene language is not permitted by parents or staff.
3. If no satisfaction is attained, the problem should be discussed with the staff member's supervisor.
4. If no satisfaction is attained, the problem should be discussed with the program coordinator, human resources specialist, CKCIE Coordinator or Heartland Director.
5. If the program coordinator, human resources specialist, CKCIE Coordinator or Heartland Director cannot satisfactorily work out the problem, the complaint will be put on the agenda for the Policy Council.
6. The Policy Council will address the complaint and if necessary appoint a committee to study further.
7. The Policy Council and director will make the final decision.

EMERGENCY MEDICAL CARE

In case of an accident or illness in the facility offsite during a Heartland sponsored event, Heartland staff will call 911.



EHS HOME BASED PARENT HANDBOOK 2022-23

REGISTERED SEX OFFENDERS IN THE SCHOOLS

USD 305 Guidelines

Offenders are allowed to come into the building for social events that are for parents. Examples of these would be parent meetings, enrollment days, music programs, parent night, conferences, etc.

Offenders are allowed to come in the building at the main entrance of the school to pick up his/her own child(ren) but the child(ren) must meet them in the office rather than the offender going to the classroom to get the child(ren). They must immediately leave after the child(ren) have arrived in the office.

Offenders are not allowed to be around any child who does not have his/her parent(s) with them. Examples of this type of situation are to volunteer in the classroom, eat lunch with the class, or go on a class field trip when every other child does not have his/her parents accompanying them on the class trip.

To alleviate concerns of others in the building that may know of the registered offender status as well as to protect the offender from uncomfortable accusations or suspicions, it would be in the best interest of all if the offender could be accompanied by a spouse or significant other when in the presence of other parents and their children in the school setting.

VISITING THE BUILDING

Parents/Guardians should follow up with their FC regarding procedures for coming to the building.

All visitors to the building must sign in at the front office. Visitors will be asked to wear a visitor sticker while they are in the building. Visitors who do not have on the sticker will be stopped by staff and redirected to the main office to sign in and receive a sticker.

Visitors should use the parent parking spaces located on the east side of the building.

Do not park in the north parking lot of the building. This lot is reserved for bus loading, unloading and staff parking.

PROGRAM EVENTS & SPECIAL DIETS

Meals served during parent meetings, policy council and socializations are not reimbursable through CACFP. If your child has a special diet need, Heartland Early Education will not be able to provide a modification for the meal being served. Parents and/or caregivers will need to provide a substitute for the meal being served.

Do not bring Pop or Soda to the building for Program Events or Meetings. Water will be provided.

Please do not bring your child to the building with candy in their mouths or hands.

DONATED ITEMS

- ◇ Heartland families should not accept donations if the family does not need the items.
- ◇ Heartland families should not sell any donated items.
- ◇ Heartland families are encouraged to write a personal thank you note to the agency/group that donated the item.



EHS HOME BASED PARENT HANDBOOK 2022-23

WHAT IF MY CHILD IS SICK?

A child should not come to the center or attend an event if one of the following conditions exist:

- ◆ fever (100.4 or above)
- ◆ vomiting 2 or more times within a 24 hour period (one day)
- ◆ diarrhea more than one time within a 24 hour period (one day)
- ◆ severe coughing when the child gets red or blue in the face or makes high-pitched croup or whooping sounds after coughing
- ◆ difficult or rapid breathing
- ◆ yellowish eyes or skin
- ◆ head lice - treatment has not been completed
- ◆ sore throat or trouble swallowing
- ◆ unusually dark, tea-colored urine
- ◆ gray, white or black bowel movement
- ◆ headache and stiff neck
- ◆ severe itching or scratching of the body or scalp



Early Head Start Home-Based

CONTAGIOUS INFECTIONS/DISEASES

Children cannot attend socializations or Heartland events for a specified period of time if diagnosed with certain diseases or conditions.

Heartland Early Education will follow current guidance provided by public health authorities regarding contagious/infectious diseases.

INFLUENZA - Five days from start of symptoms and fever free without aid of medicine for 24 hours.

COVID-19 - Quarantine/isolation period will be determined using current CDC guidelines.

STREP INFECTIONS / SCARLET FEVER - 24 hours after the start of treatment and fever free for 24 hours.

CHICKEN POX- all pox have crusted over with no new pox appearing.

IMPETIGO - after treatment from healthcare provider has begun.

SCABIES - after treatment from a healthcare provider has begun.

HEAD LICE - See Head Lice Procedure

RING WORM - after treatment from a healthcare provider has begun.

PINK EYE - 24 hours after medication has been started and there is no drainage from eyes.

HEAD LICE PROCEDURE

Families are encouraged to let their FC know of Head Lice concerns. FC's may be able to help families by offering treatment education and options.

Families should not bring their children to socialization or program events if treatment for head lice/nits has not started.

COMMUNITY SERVICE AGENCIES

CLOTHING

Ashby House
www.ashbyhouse.org
150 S. 8th St.
Salina, KS 67401
785-826-4935

Bargain Basket
[dvack.org/](http://dvack.org/bargain_basket_42.html)
bargain_basket_42.html
148 N Oakdale
Salina, KS 67401
785-826-9042

Abilene Area Food & Clothing Center
409 N.W. 3rd
Abilene, KS 67410
785-263-1221

DAV Thrift Store
901 West Crawford
Salina, KS 67401
785-827-6177

Good Will Industries
2640 Planet Avenue
Salina, KS 67401
785-827-8944

Salvation Army Thrift Store
(Ejercito De Salvacion)
157 S. 5th
Salina, KS 67401
785-823-1409

Salina Rescue Mission
www.salinarescuemission.com
1716 Summers Road
Salina, KS 67401
785-823-2610

Birthright
<https://birthright.org/salina>
1125 E. Iron
Salina, KS 67401
785-823-3113

DISABILITY SUPPORT SERVICES

Choices Network Inc.
www.choicesnetwork.net
2151 Centennial Road
Salina, KS 67401
785-820-8018

Disability Planning Org. of Kansas
www.dpok.com
785-823-3173

Disabilities Rights Center of KS
www.drckansas.org
Topeka
877-776-1541

CKCIE—Children ages 3-21
<https://www.305ckcie.com/>
409 W. Cloud
Salina, KS 67401
785-309-5100 (Saline County)
785-263-1773 (Dickinson County)

ICD—Children ages birth to 3
Serving Saline and Ellsworth County
155 N. Oakdale Suite 300
Salina, KS 67401
785-452-6050

Infant Toddler Services (ITS)
Infant/Toddler Screening for Disabilities
Dickinson County
300 N. Cedar, Suite 214
785-263-2208

OCCK
www.occk.com
1710 W. Schilling
Salina, KS 67401
785-827-9383 (Saline County)
785-263-2208 (Dickinson County)

Midland Professional Associates
631 East Crawford Suite 209
Salina, KS 67401
785-309-2200
A public interest law firm dedicated to representing individuals attempting to obtain disability benefits through the Social Security Administration.

Social Security Administration
1410 E. Iron St. 7
Salina, KS 67401
877-405-3494

Representative Payee Program
255 S. Chicago
Salina, KS 67401
785-827-7111
Located at the Food Bank: Representative Payee services include monthly bills paid on time, weekly meeting with client to determine needs and advocacy on their behalf with other agencies.

HEALTH & MEDICAL SERVICES

Central Kansas Mental Health
420 NE 10th—Abilene, KS
100 E. Helen—Herington, KS
800-284-6027 (Dickinson County)
809 Elmhurst—Salina, KS
785-823-6322 (Saline County)
800-794-8281 (Ellsworth)
866-823-6380 (After Hours Emergency)
CKMHC provides a wide range of mental health services, including outpatient psychotherapy, psychiatric/medical services, 24-hour emergency services, case management, psychosocial services, education and others.

Veridian Behavioral Health
www.veridianbh.com
400 S. Santa Fe, Salina
785-452-6113
730 Holly Lane, Salina
785-452-4930
Serving Saline, Dickinson and Ellsworth Counties
800-284-6027

Birthright
<https://birthright.org/salina>
1125 E Iron
Salina, KS 67401
785-823-3113
Free pregnancy tests, counseling and practical help. Emergency pregnancy services.

Ellsworth County Health Dept.
1063 Aylward Ave.
Ellsworth, KS 67439
785-472-4488
Immunizations and KBH Physicals

Dickinson County Health Dept.
1001 N. Brady St.
Abilene, KS 67410
785-263-4179
Immunizations and KBH Physicals

G & B Enterprises
Saline, Dickinson and Ellsworth Counties
785-537-2086
Offers free rides to doctor or dental appointments for those with Medicaid or KanCare.

McPherson Co. Health Dept
<https://mcphersoncountyks.us/15/Health-Department>
1001 N. Main
McPherson, KS 67460
620-241-1753

COMMUNITY SERVICE AGENCIES

Saline County Health Dept.

www.sschd.org

(Departamento de Salud de Saline County)

785-826-6600

Salina Family HealthCare

(Centro Médico Para Familias de Salina)

www.salinahealth.org

651 E. Prescott

Salina, KS 67401

785-825-7251

CDC en Español SIDA & EST

(Telefone para solicitador ayuda)

800-232-4636

EMPLOYMENT

Salina Workforce

www.kansasworkforceone.org

785-827-0385

North Central Workforce Center,
OCCK Inc.

785-827-9383 Ext. 176

Provides free job information about and access to a wide array of job training, education and employment services. As a workforce center, partners join together to provide all the information, technology and services that businesses need to grow and job seekers need to achieve for a successful career.

Kansas Employment Call Center

800-292-6333

DCF

<http://www.dcf.ks.gov/>

901 Westchester—Salina

785-826-8000

1010 W. 6th—Junction City

785-762-5445

Provides a variety of services to support Kansans.

Salvation Army

(Ejército De Salvación)

1137 N. Santa Fe

Salina, KS 67401

785-823-2251

RAPE OR SEXUAL ASSAULT

Central Kansas Mental Health

420 NE 10th—Abilene, KS

100 E. Helen—Herington, KS

800-284-6027 (Dickinson County)

809 Elmhurst—Salina, KS

785-823-6322 (Saline County)

800-794-8281 (Ellsworth)

866-823-6380 (After Hours Emergency)

Child Advocacy & Parenting
Services (CAPS)

(Servicios De Educación y Apoyo
para Niños)

www.capssofarina.org

Ages 15 and Under

155 N. Oakdale, Suite 200

Salina, KS 67401

785-825-4493

Chris's Place

www.capssofarina.org

155 N. Oakdale, Suite 200

Salina, KS 67401

785-643-2424

785-452-9782

Provides advocacy and support for children who have been sexually or physically abused and their families in the North-east Kansas region.

Domestic Violence Association of
Central Kansas (DVACK) Shelter

www.dvack.org

785-827-5862

800-874-1499

Salina Regional Health Ctr

Emergency Dept SANE/SART

400 S. Santa Fe

Salina, KS 67401

785-452-7095

Veridian Behavioral Health

www.veridianbh.com

400 S. Santa Fe

Salina, KS 67401

Serving Saline, Dickinson and

Ellsworth Counties

785-452-4930

800-284-6027

Brighthouse

www.brighthouseks.org

335 N. Washington, Ste. 240

Hutchinson, KS

620-241-1753

SUPPORT FOR THE FAMILY

Catholic Charities

(Caridades Catolicas)

www.catholiccharitiessalina.org

1500 S. 9th

Salina, KS 67401

785-825-0208

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420 NE 10th—Abilene, KS

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Services (CAPS)

www.capssofarina.org

155 N. Oakdale, Suite 200

Salina, KS 67401

785-825-4493

Heartland Mental Health Staff

www.305heartland.com

700 Jupiter Avenue

Salina, KS 67401

785-309-5000

Ashby House Life Skills

www.ashbyhouse.org

150 S. 8th St.

Salina, KS 67401

785-826-4935

Breastfeeding Help

IBCLC Certified BF Educators

Theresa—785-643-1800

Brenda—785-263-4179

COMMUNITY SERVICE AGENCIES

New Start Life Skills
1125 W. South St.
Salina, KS 67401
785-827-2800

Parenting Helpline
800-332-6378 (Toll Free)

Salina Rescue Mission
www.salinarescuemission.com
1716 Summers Road
Salina, KS 67401
785-823-2610

Salvation Army
1137 N. Santa Fe
Salina, KS 67401
785-823-2251

Salina Human Relations
300 W. Ash Room 101
Salina, KS 67401
785-309-5745

St. Francis Community Services
509 E. Elm
Salina, KS 67401
785-823-0001

DCF
www.dcfks.gov
901 Westchester—Salina
785-826-8000
1010 W. 6th—Junction City
785-762-5445

Kids In Crisis
PO Box 369
Abilene, KS 67410
k.crisis@yahoo.com
785-263-3474
785-787-2098

FOOD

American Red Cross
www.redcross.org/ks/salina
145 S. Broadway
Salina, KS 67401
785-827-3644

Emergency Aid Food Bank
www.salinafood.org
255 S. Chicago
Salina, KS 67401
785-827-7111
Food pantry and hands-on meal preparation classes for adults and children.

Salina Rescue Mission
www.salinarescuemission.com
1716 Summers Road
Salina, KS 67401
785-823-2610
Free lunch 12:00 to 12:30pm and Supper 6:30 to 7:00pm, 7 days a week.

Salvation Army
1137 N. Santa Fe
Salina, KS 67401
785-823-2251
Free supper served 5:00 to 5:45pm Monday thru Friday

DCF Food Stamps
<http://www.dcf.ks.gov/services/ees/Pages/Food/FoodAssistance.aspx>

WIC Program
For pregnant moms and children under 5
785-826-6602 (Salina)
785-263-4179 (Dickinson County)

La Leche League
Breastfeeding Information
785-643-1800
785-536-4300

Abilene Area Food & Clothing
409 NW 3rd
Abilene, KS 67410
785-263-1221

DRUGS/ALCOHOL

Family Hope Center
www.fpcsalina.org
308 S. 8th St.
Salina, KS 67401
785-825-0226

Regional Prevention Center
8105 S. Ohio
Salina, KS 67401
785-825-6224

Saline County Health Dept.
www.saline.org/Departments/Health-Department
125 W. Elm Street
Salina, KS 67401
785-826-6600

Salina Family HealthCare
www.salinahealth.org
651 E. Prescott
Salina, KS 67401
785-825-7251

St. Francis Community Outreach
www.st-francis.org
5097 W. Cloud
Salina, KS 67401
785-825-0563

Central Kansas Foundation
<https://ckfaddictiontreatment.org/>
617 E. Elm St.—Salina, KS
785-825-6224
306 N. Cedar St.—Abilene, KS
785-263-1328
Provides education and materials on fetal alcohol syndrome to teens, community members, expectant mothers and fathers. CKF provides both quality and affordable alcohol and other drug education and treatment services.

Tobacco Quitline
1-800 QUIT NOW (or)
1-800 KAN STOP

Al-Anon & Alateen
Abilene
785-823-1646

Alcoholics Anonymous
785-263-7096 (Abilene)
785-448-2286 (Solomon)
785-472-4389 (Ellsworth)
785-823-3338 (Salina)

EDUCATION

Salina Adult Education Center
www.usd305.com/SAEC
2620 Centennial
Salina, KS 67401
785-309-4660
GED preparation, basic education and English as Second Language classes are offered at convenient times throughout the week. To be eligible for the Salina Adult Education Center's programs, a person must: Be age 16 or older, not be enrolled or required to be enrolled in school, or lack of high school diploma or have a skill level below eighth grade.

Smoky Hill Ed Service Center
www.smokyhill.org
605 E. Crawford
Salina, KS 67401
785-825-9185

COMMUNITY SERVICE AGENCIES

The Learning Center
605 E. Crawford

Salina, KS 67401

785-825-0435

High School Diploma Completion Program

Salina Area Technical College

www.salinatech.edu

2562 Centennial

Salina, KS 67401

785-309-3100

SATC provides a diverse community of learners with technical and general education skills necessary for employment, personal growth and lifelong learning.

Kansas State Polytechnic

www.polytechnic.k-state.edu

2310 Centennial Rd.

Salina, KS 67401

785-826-2640

Center KS Ed Opportunity Center

1025 Main

Great Bend, KS

620-793-8164

New Start Life Skills

1125 W. South St.

Salina, KS 67401

785-827-2800

A place where adults and youth attend life skills classes. Batterer's Intervention classes for both men and women. Court orders and self admittance for anyone wanting help. Teen program is for at risk youth struggling with behavior issues. Community and school based programs available.

INSURANCE

KanCare

www.kancare.ks.gov

800-792-4884

Children's Mercy Family Health

Partners

www.fhp.org

877-FHP-9363

Early Head Start Home-Based

Nurse Advice Line—800-347-9369

Salina Family HealthCare

www.salinahealth.org

651 E. Prescott

Salina, KS 67401

785-825-7251

Discount program for uninsured medical and dental.

CHILD CARE

Morning Out for Mom & Dad

302 S. 7th

Salina, KS 67401

785-825-4493

Parents must call to schedule care for their children. Care is provided on Wednesdays from 9:00am-11:30am or 12:30pm – 3:00pm. Licensed child care center providing relief for parents needing time away from stresses of parenting young children. No cost to families if they fall within income guidelines. (Free or reduced category for school lunch program.) Children ages 3 weeks to 5 years.

Child Care Aware of NE & NC KS

<http://www.ks.childcareaware.org/>

1512-A E. Iron

Salina, KS 67401

785-820-8232

877-678-2548

DCF

www.dcf.ks.gov

901 Westchester—Salina

785-826-8000

1010 W. 6th—Junction City

785-762-5445

Heartland FDFY Child Care

www.305heartland.com

700 Jupiter Ave.

Salina, KS 67401

785-309-5000

TRANSPORTATION

OCCK

www.occk.com

1710 W. Schilling

Salina, KS 67401

785-827-9383

OCCK is a not-for-profit Kansas corporation dedicated to helping people with physical or mental disabilities remove barriers to employment, independent living, and full participation in their communities.

Salina City-Go Bus

www.occk.com

785-827-9383

Fares for the CityGo buses are \$1 per trip, \$2 per one-day pass, \$5 for a six-trip pass, and \$30 for a monthly pass. Children 10 and under will ride for free, but must be accompanied by someone 16 or older. Personal Care Attendants will also ride without charge. Each bus is wheelchair accessible.

G & B Transportation

800-826-8294

Offers free rides to doctor or dental appointments for those with Medicaid or KanCare.

Med-A-Van

785-826-1583

Non-emergency medical transportation to and from the Salina Regional Health Center and its affiliates – Salina Medical Arts Building, SRHC Penn Campus, Santa Fe Medical Plaza, Tammy Walker Cancer Center, Salina Surgical Center, and Hospice of Salina – is available at no cost. Seating is limited; for scheduling please call in advance.

Ellsworth Public Transportation

785-472-3032

Abilene Public Transportation Van

785-263-7266

LEGAL SERVICES

Catholic Charities

<https://ccnks.org/>

1500 S. 9th

Salina, KS 67401

785-825-0208

Provide counseling service in individual, marital, family, adoption and crisis pregnancy and to assist with legal immigration documentations.

COMMUNITY SERVICE AGENCIES

HOUSING & HOUSEHOLD ITEMS

Salina Housing Authority
469 S. 5th
Salina, KS 67401
785-827-0441

Salina Habitat for Humanity
PO Box 3583
Salina, KS 67401
785-823-9331

Ashby House
150 S. 8th
Salina, KS 67401
785-826-4935

Shelter and life skills instruction are available to families who otherwise would not have a place to live. Advocacy and referral services are available. Household assistance is provided to families with the following: clothing and kitchen items. Provides assistance to persons who are homeless or at imminent risk of becoming homeless.

Salina Emergency Aid Food Bank
www.salinafood.org
255 S. Chicago
Salina, KS 67401
785-827-7111
Utility assistance, prescriptions, eye exams, household items. Available to Saline County residents only.

LIEAP—Low Energy Assistance Program
www.ks-energy-assistance.com
Visit website to complete application
The Low Income Energy Assistance Program (LIEAP) is a federally funded program that helps eligible households pay a portion of their home energy costs by providing a one-time per year benefit.

American Red Cross
www.redcross.org/ks/salina
145 S. Broadway
Salina, KS 67401
785-827-3644
Provides relief to victims of disaster and helps people prevent, prepare for and respond to emergencies.

Ellsworth Housing Authority
811 Elizabeth St.
Ellsworth, KS 67439
785-472-4922

Hope Center
409 NW 3rd St. G
Abilene, KS 67410
785-263-4673
Financial counseling interview, assistance with utilities and rent.

Neighbor to Neighbor
803 N. Cedar St.
Abilene, KS 67410
785-200-6750